



# What do I do about potential exposure to COVID-19?

**Curtin University**

How to avoid infection or spreading the virus	 Wash your hands regularly with soap and water for at least 20 seconds	 Avoid touching your eyes, nose or mouth	 Cover your mouth or nose when coughing or sneezing
	 Use only disposable tissues, and dispose of them immediately after use	 Avoid close contact with anyone showing respiratory symptoms	 Monitor travel advice on SmartTraveller smarttraveller.gov.au

Am I subject to a [government instruction](#) about social isolation (travel restriction or infrastructure closure)

**YES**

Respond to act with those requirements. Will this have an impact on my work/ study/ visit @ Curtin? such as unable to attend campus, unable to work remotely, physically isolated in remote location

**YES**

1. Discuss with my supervisor and determine the most appropriate course of action
2. Email [COVID-19 Support](#) so I am registered for support

**NO**

Have I been in contact with someone who has been diagnosed with [COVID-19](#) or I think has been infected?

**NO**

**Work/ study/ visit @ Curtin as normal. Monitor your health, increase your personal hygiene and consider appropriate [prevention measures](#) that you, and those close to you, can undertake to assist you to continue your work/ study/ visit.**

**NO**

**YES**

What sort of contact was it? **Casual or Close Contact**

**Casual**

**Close**

A **casual contact** is someone who has been face to face for less than 15 minutes, or been in the same closed space for less than 2 hours, as a person who has tested positive for COVID-19 when that person was infectious.

A **close contact** is someone who has been face to face for at least 15 minutes, or been in the same closed space for at least 2 hours, as someone who has tested positive for the COVID-19 when that person was infectious.

**YES**

Do I have any symptoms relevant to [COVID-19](#)?



1. Contact the [National Centre for Infectious Diseases](#) and follow advice
2. Email [COVID-19 Support](#) so I am registered for support

**What If I am feeling unwell?**  
Normal protocols apply, make an appointment with my GP and if my illness may impact my colleagues then stay at home